



Caregiver Support Group

If you know or care for someone who has vision loss you can benefit from attending our Caregiver Support Group.

Free to the public Session limited to 10 attendees

Who: Family, Friends and Caregivers of those with Vision Impairment

What: Various topics will be discussed that will include

- Changing family roles and responsibilities
- Stress management for caregivers
- Healthy communication and much more...
- Network and share experiences with others going through similar experiences

Where: San Diego Center for the Blind
5922 El Cajon Boulevard
San Diego, California 92115

When: Wednesday, July 22, 2015

Time: 5:30 pm - 6:30 pm

Please RSVP at **619.583.1542**